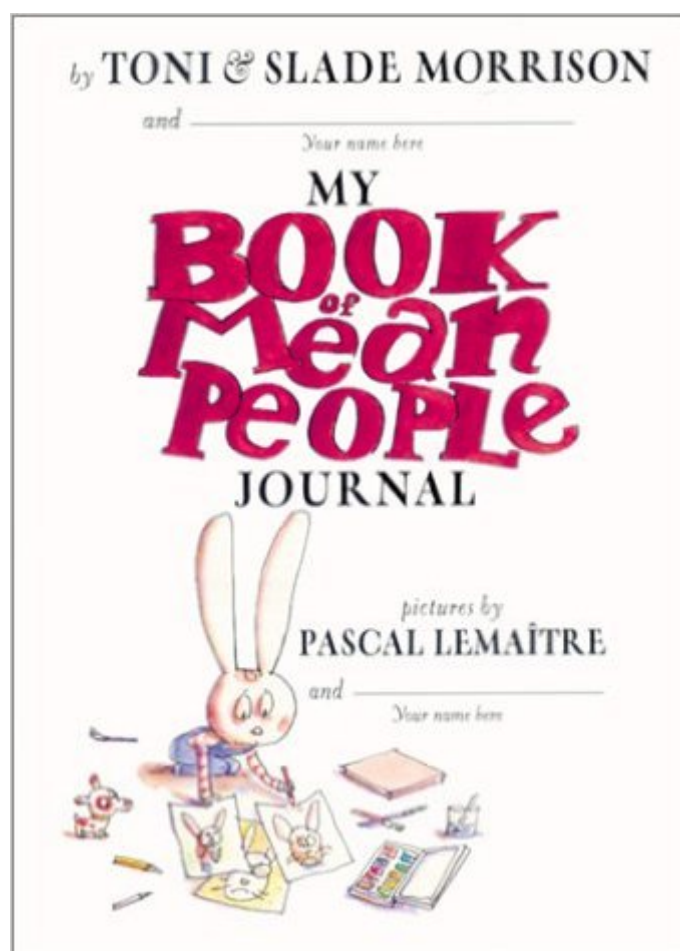


The book was found

Book Of Mean People, The - Journal



Synopsis

In a lighthearted but thought-provoking way, this journal acknowledges that children experience the world differently than adults do. An adult might not realize what a child thinks is mean. Children define "mean" differently according to their age and family experiences. It's important for children to have a safe place to express their frustration and confusion about the world. This journal is one tool for building this safety in your family. How do mean people make you feel? What are some mean things people do? What is the meanest thing of all? What are some nice things people could do instead of being mean? Can friends be mean to each other and still be friends? What could you say to someone who does something mean to you? Writing and drawing are healthy emotional outlets. My Book of Mean People Journal encourages children to develop their self-awareness and self-expression. The activities in this book will help children come to terms with their emotions. By using this journal, children become more aware of why people--including themselves-- do mean things.

Book Information

Spiral-bound: 64 pages

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Product Dimensions: 5.3 x 0.5 x 7 inches

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Average Customer Review: 3.2 out of 5 stars [See all reviews](#) (20 customer reviews)

Best Sellers Rank: #4,094,304 in Books (See Top 100 in Books) #73 in [Books > Children's Books > Activities, Crafts & Games > Activity Books > Diaries](#) #9681 in [Books > Children's Books > Growing Up & Facts of Life > Friendship, Social Skills & School Life > Emotions & Feelings](#)

Age Range: 1 and up

Grade Level: Preschool and up

Customer Reviews

I can't believe all the negative reviews this book has recieved on this site. Have these people never looked at the world through the eyes of children? Younger children (as well as many adolescents) see discipline and authority as "mean". It's helpful as a parent to be reminded of this and take the opportunities when we have to be "mean" (in their eyes) to explain why we do the things we do.

"You have to eat your veggies because they help you stay healthy". "You have to obey because I want you to be safe". Etc, etc. I see this as a great book to be read to and with kids! It opens the door for discussions on the difference between behaviors that are truly mean (physical or emotional harm), things that annoy us (pesky little brothers), and things those in authority have us do for our own good (eating right, getting plenty of rest, etc.). Many, if not most children believe that adults live in a world where they can do anything they want. This book also creates a perfect opportunity for parents to talk about things we don't like to do and how we deal positively with the "mean" people we come in contact with. All in all a helpful book for those who chose to use it in a positive way.

I cannot believe how much negativity people put out. First of all this is supposed to be a cute and humorous book about what is considered mean. Children feel so many people in their lives are mean, because they can't understand everything just yet. This is not a book to teach children the differences between someone who is mean, and someone who is not!! This book validates children's feelings, and as an adult you can take the time to explain that people who tell you what to do are not really mean. Is this book meant for a toddler with very limited experiences and understanding. OF COURSE NOT!!! So stop reading it to toddlers. This is meant for children who can clearly understand the tongue-in-cheek. That is the target audience. I read this book to my second grade classes every year. Do they truly believe everyone that tells them what to do is mean? NO. But it does help them deal with other mean children. It helps them feel like they can cope when people are really mean to them. I tell them that you will always find mean people around you, how you react is more important. I also believe that they can even reflect and understand that not all the people in their lives are really not mean after all. However children need to be old enough to be able to make that connection. This is an excellent book, it flows like poetry, the illustrations are great, and children enjoy it. My students could hear it everyday. It is short and sweet.

This is a terrific way for children to express their anger and fears about people who frustrate, control, threaten, tease, or ignore them - all with a sense of humor. I am a child/family psychologist and often provide this journal to my young clients as we work to process negative emotions.

I can certainly see why some would disagree with the portrayal of parents, teachers, etc. as mean but I agree with some of the other positive reviews. I think the Morrison's give children validation for their experience of these expectations as "mean". As a parent it reminds me to not take it so personally or explain why it's not mean to make my son eat his breakfast but instead to

acknowledge that in his experience it is mean. That doesn't make me change my decision but it does let me honor his feelings too. As a family therapist I think it can be a nice opening for parents and children to talk about how our feelings don't always match others intentions. And even more importantly it can be a chance to encourage children to talk about how to deal with feeling like they are being treated unfairly (a common complaint among children of almost any age). I would say that you should give it a chance, if nothing else it's a cute little book that gives your kid someone (even if they're fictional) who really understands their feelings.

Awesome book!,,in addition to the obvious ,my students learned a lot about word choice and voice. Toni and Slade Morrison have a way of presenting difficult social concepts to young students with poetic imagery and style.

i enjoyed this book. preschoolers deal in literal interpretations of what adults do and say. they have a hard time understanding "frowning people that smile". This book reminded me of some of Fred Gwynne's work on the same subject. how many times have you had a preschoolers to tell you "you're mean" because things don't go they way they plan or you do something they don't like. I think this book is for adults too. It gives us the child's possible perspective of the actions of the adults in their lives and leaves the child with the question...are they really mean people?

Needing inspiration to help explain why people are mean, I looked for children's books, which often contain the most concise, clear and simple explanations for important ideas. PLUS with illustrations. Voila!! and a collaboration by one of my fav authors.

I'm sure that all the children of the parents who reviewed this book love it. My child loves this book and I think it is important for children to understand that adults CAN be mean. My 2 years old and I have had discussions on being mean to people based on this book. It is a great lesson and written in a way that kids can relate.TL;DR Ignore all the people who gave this book 1 star, they clearly are unable to have conversations with their children if they find this book to be so inappropriate.

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